



Ernest Cumberland News

Character Education



Our Board is committed to character education. Character attributes are taught and modelled at school.

www.scdsb.on.ca/about/character_education

Integrity

We act justly and honourably in all that we do.

Intégrité

Nous agissons avec justice et honneur dans tout ce que nous faisons.

We express gratitude towards others. We value honesty and openness. We take responsibility for our actions, good and bad. We respect ourselves and others around us.

Morning Bell:	9:30AM
Period 1:	9:30AM - 10:20AM
Period 2:	10:20AM - 11:10AM
Nutrition Break A:	11:10AM - 11:30AM Main Floor + Portables OUTDOOR Second Floor INDOOR
Nutrition Break B:	11:30AM - 11:50AM Main Floor + Portables INDOOR Second Floor OUTDOOR
Period 3:	11:50AM - 12:40PM
Period 4:	12:40PM - 1:30PM
Nutrition Break C:	1:30PM - 1:50PM Main Floor + Portables OUTDOOR Second Floor INDOOR
Nutrition Break D:	1:50PM - 2:10PM Main Floor + Portables INDOOR Second Floor OUTDOOR
Period 5:	2:10PM - 3:00PM
Period 6:	3:00PM - 3:50PM
Dismissal Bell:	3:50PM

Land Acknowledgement

Simcoe County District School Board acknowledges that we are situated on the traditional land of the Anishnaabeg people. The Anishnaabeg include the Ojibwe, Odawa, and Pottawatomi nations, collectively known as the Three Fires Confederacy. We are dedicated to honouring Indigenous history and culture and committed to moving forward in the spirit of reconciliation and respect with all First Nation, Métis, and Inuit people.

Le conseil scolaire du district du comté de Simcoe reconnaît que nous sommes situés sur les terres traditionnelles du peuple Anishnaabeg. Les Anishnaabeg comprennent les nations Ojibwées, Odawa et Pottawatomi, collectivement connues sous le nom de Confédération des Trois Feux. Nous nous engageons à honorer l'histoire et la culture autochtones et nous nous engageons à aller de l'avant dans un esprit de réconciliation et de respect avec toutes les Premières Nations, les Métis et les Inuits.

In the Office

Mrs. E. Short, Principal
Mrs. J. Frans, Vice-Principal
Mrs. B. Dermott, Senior Admin,
x22900
Mrs. K. Zapple, Clerk, x22951



Ernest Cumberland ES

160 8th Avenue, Alliston, ON
P: 705-435-0676 F: 705-435-0103
Safe Arrival: Extension 1
ernattendance@scdsb.on.ca
ernestcumberland@scdsb.on.ca

Inside this issue

Character Education	1
School Schedule	1
Land Acknowledgement	1
Inclement Weather	2
Parent Council Corner	2
Summer eLearning	2
Inclement Weather	2
Math at Home	3
Food Drive	3
Special Education Series	3
Keep Connected	3
EQAO	3
eBook Library	3
Upcoming Fun at ECES	4
Pine River Institute	4
Holy Days	4
Personal Information	5
EarlyON	5
March Break	5
Child Development	5
Just Breathe	5
#ITSTARTS	6
Heritage Recognition	6
Calendar	6

Parent Council Corner

Our Valentine's Day dance-a-thon was a fantastic day! Thank you to the students, parents, and volunteers that made our first dance in a long time a fun and roaring success. Thank you to Zehrs for donating some food for the students and to McDonalds for donating several ice cream coupons; it was all well received! Lastly, thank you to DJ Josiah who took the day off to make the music happen!

Do you have clothes that you want to donate? We will be collecting used clothes and textile on Mon. March 6th and Tues. March 7th. On Wed. March 8th the Kidney Foundation will be picking up the donations. Ernest Cumberland will get some money based on how much we were able to donate!

The next Parent Council meeting is on March 6th at 6:00pm in the school library. All parents / guardians are welcome!

Summer eLearning: Registration Open!

The Simcoe County District School Board (SCDSB) is offering summer school courses in July 2023 for current high school students or adult learners who are interested in earning a new credit or upgrading a previous mark. Students can advance online learning skills, earn missed credits, or fast-track preparation for graduation or post-secondary in just four weeks. eLearning is fully supported by certified teachers who are available electronically daily. Summer school program details can be found on the Learning Centres website at thelearningcentres.com/high-school-student/summer-school.

Inclement Weather, Safe Arrival, and Early Pick Up

Information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium's website at www.simcoecountyschoolbus.ca. When buses are cancelled, **schools remain open for student learning, unless otherwise noted**. School staff are expected to plan for such emergencies in order to transition students who are unable to attend due to inclement weather to their online platforms. It is always a family decision whether or not it is safe for their children to leave for school under severe weather conditions. The SCTSC try to make the decision to cancel school buses before 6AM and make every effort to post announcements before 7AM. Inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can follow the SCSTC on Twitter @SCSTC_SchoolBus. You can also subscribe to receive bus delay notifications : <https://scstc.ca/Subscriptions/Login.aspx>

Food Programs are cancelled when buses are . Refunds are credited to SchoolCashOnline accounts.

Safe Arrival

Bussers: When busses are cancelled, busing students who don't attend school will automatically be marked with an inclement weather code which will not count towards the total end of year absences. Any safe arrival message you receive on inclement weather days will say that we are aware that your student is not at school, please call us if they should be.

Walkers: If a walker is absent and you have not reported the absence, we will mark them with an unknown absence code, like we would on any regular day. It is always the family's choice to keep their child home on inclement weather days if you feel it is unsafe to come to school. When busses are cancelled yet schools remain open for learning, we require a reason for all unknown absences for walking students.

A safe arrival call will be sent to all unknown and inclement weather absences, even if you have called in the absence

Listen carefully to instructions as it will say to call us back if your child should be at school

We ask that you still call us to report absences despite getting a call afterwards because if your student is absent due to weather, their absence will not be counted towards their end of year total absences. If you do not report an absence, it will be added to their end of year total absence

If you do receive an automated safe arrival call from us, pressing 1 will not inform the office that you are aware of your students absence; please call us in the office/safe arrival line

Refrain from leaving messages on the safe arrival line/e-mail (ernattendance@scdsb.on.ca) asking the office to have your child ready and waiting in the office for a certain time. **We call students down to the office when the parent or approved person physically arrives at the door and rings the door bell.**

We won't release students to people who are not on the parent approved list or to people that we cannot physically see at the front door. If you need to pick up your student prior to the dismissal bell, do so prior to 3:30PM as we will not call students down between 3:30-3:50PM.

If your student will not be attending school for the day, report their absence prior to the start of the school day (9:30AM). If your student is absent, participates in the safe arrival program, and you have not reported their absence, we are required to call you and your emergency contacts every 15 minutes until we hear from you.

Report all absences on our safe arrival line 705-435-0676x1 or email ernattendance@scdsb.on.ca.

Thank-you for helping us ensure the safe arrival of students at school each day.

*Ernest Cumberland is in the SOUTH weather zone.
Younger students must be met by an adult at the bus stop.
For more information on busing visit:
<https://main.simcoecountyschoolbus.ca>*

Math at Home: A Parent Series

Fostering a strong school-home partnership is an important part of reinforcing math learning at school and extending the learning beyond the classroom. Families are a child's first educator and help build a strong foundation for future success. The virtual math series outlined below is intended to support a positive attitude towards mathematics, enhance motivation and ultimate success. The SCDSB math department is pleased to offer three evening virtual sessions for families and caregivers of SCDSB students. These sessions will focus on practical and fun ways to support students with their mathematics learning and engagement at home. The first 200 registrants will receive a path pack of resources to use at home. Participants must pre-register for each of the sessions. Participants must pre-register for the sessions they wish to attend. Registered participants will receive a pack of hands-on resources that will be sent to the school indicated on their registration form. Register here: <https://bit.ly/23MathAtHome>

Making Math Connections @Home: Wednesday, April 12, 7 – 8 p.m.

This session will explore where we find numbers, patterns, measures, and shapes in our daily lives. Participants will learn about practical ways to help their child notice and wonder about the math in their world.

Problem Solving @Home: Tuesday, April 25, 7 – 8 p.m.

This session will explore how to encourage children to be active thinkers and problem solvers, both in math and around the house. Participants will learn about how solving problems at home can help their children solve problems in math class.

Having Fun with Math Facts @Home: Thursday, May 11, 7 – 8 p.m.

This session will explore practical, intentional, and fun ways to practice math facts at home. Participants will leave with ideas, games, and activities to support their child with becoming fluent with their math facts.

Good Shepherd Easter Food Drive at ECES

In partnership with The Good Shepherd Food Bank, we will be having an Easter Food Drive this year. The food drive will run from Monday, March 20th to Friday, March 31st, 2023. We will once again assign each class with a specific food item. The Food Bank has provided us with a list of the most needed items at this time, which will be the focus of our collection.



We take pride in how our school community works together.

Thank you in advance for your participation and generosity.

Clothing Drive Fundraiser at ECES

Clean out your closets! We have partnered with the Kidney Foundation and are hosting a clothing drive. Ernest Cumberland will get a financial kickback from every pound that gets donated.

So, on Monday, March 6th and Tuesday, March 7th we encourage you to bring your used clothing and textiles to us at Ernest Cumberland between 8:00am - 4:00pm. Upon arrival at the door, please ring the door bell and we will happily meet you there to collect your bagged donations.

A list of items that the Kidney Foundation will accept can be found here: <https://kidneyclothes.ca/>

Thank you for your ongoing support.

Special Education Virtual Education Outreach Series

Interested in learning more about the ways that the SCDSB supports students with special education needs and their families? Join us for a virtual special education outreach series.

In 2023, the Simcoe County District School Board (SCDSB) is hosting virtual special education outreach sessions to assist parents/caregivers in learning more about programs, supports and ways that we work together to support students with special education needs. The remaining sessions include:

Supporting students as they transition into school, from one school to another, and from school upon graduation; April 20 - 6:30 to 7:30 p.m.

Working with families to create safe and supportive environments for children who have experienced trauma; May 9 - 6:30 to 7:30 p.m.

Participants are asked to register in advance. Information to access the sessions will be shared via email with individuals who have pre-registered. Learn more about each session and how to register on the SCDSB website:

www.scdsb.on.ca/elementary/special_education/special_education_outreach_sessions.

Keep Connected!

Getting prompt information about what's going on is important. Here are some ways to do that. Visit our website at <http://ern.scdsb.on.ca>. You can sign up to receive emails about school information. Provide your email and click Subscribe; a message will be sent to your inbox with a link to click to confirm that you want to subscribe. Unsubscribe at any time using the link at the bottom of each email. Sign up to receive SCDSB media releases by clicking Subscribe at www.scdsb.on.ca. Follow the SCDSB on Twitter @SCDSB_Schools, Facebook/SCDSB, and Instagram.com/scdsb. Follow on Twitter @ECESeagles

EQAO

ECES EQAO dates are June 5th - 9th. Grade 3 to 6 students will participate. Please avoid unnecessary absences or early pick-ups during this time.

<https://www.eqao.com/about-egao/media-room/videos/information-parents-guardians-about-primary-junior-assessments>

SCDSB eBook Library - SORA

Did you know that the SCDSB has a digital eBook library available for all students from K-12? Students may access books using either the SORA app on a tablet or visiting <https://soraapp.com/welcome/login/202712> on the desktop version. They simply use their school Google login and password to access the library. Picture books, beginner chapter books, graphic novels, magazines, young adult novels, audio books; there is something for every student. Students may use the search function to select a specific book or browse through one of the many curated collections. Happy reading!

Fun at Ernest Cumberland!

Roots of Empathy Program

Ms. Nolan and Ms. Anderson's kindergarten class have been participating in a program called Roots of Empathy. Roots of Empathy is an evidence-based classroom program that has shown significant effect in reducing levels of aggression and bullying among school children while raising social/emotional competence and increasing empathy. Baby Emilia has been visiting the class for an hour once every 3 weeks and the students have been loving it!

For more information on the program visit <https://rootsofempathy.org/>

Holy Days



- 2-20** Bahá'í Fast
Bahá'í
- 4** Sikh New Year
Sikhism
- 6** Memorial of Shan-tao/
Zendo Daishi
Buddhism
- 6-7** Purim
Judaism
- 7** Holi
Hinduism
- 7** Mid-Sha'ban
Islam
- 20** Festival of Higan-e
Buddhism
- 20** Ostara/Mabon/Lady Day/
Spring Equinox
(may be observed March 19-22)
Wicca
- 21** New Ruz (New Year)
Bahá'í
- 21** Eid-e-Navroz
Islam
- 21** Navroze (New Year) (FC)
Zoroastrianism
- 22-31** Chaitra/Chithirai (New Year)
Hinduism
- 22** Hindu New Year
Hinduism
- 22** Vasant Navratri begins
Hinduism
- 23** Ramadan (fasting month)
Islam
- 25-27** Hola Mohalla
Sikhism
- 26** Khordad Sal (FC)
Zoroastrianism
- 30** Rama Navami
Hinduism



Chess Club

Ernest Cumberland has started a chess club! We have had over 200 students from grades 1 - 8 sign up to play chess during nutrition break. There are opportunities for students to teach younger students and play competitively with other schools. "Every chess master was once a beginner"

Tiffin Centre Field Trip

On March 7th our Grade 2 and DS students will be venturing to the Tiffin Centre for the day. They will be participating in a snow shoe and maple syrup program. Have a great time!

Pine River Institute: A Learning Series for Parents

Mental health and well-being continues to be a key strategic priority within the SCDSB. We are pleased to continue our partnership with the Centre for Family Initiatives at Pine River Institute (CFI@PRI) to provide several curated learning sessions focused on student mental health and well-being to SCDSB families, staff and within the SCDSB's broader school communities. There are five webinars in the learning series specifically planned for parents, guardians, and other caregivers during this school year. The remaining sessions include:

- March 2, 2023 Emotional Regulation for Kids and Adults
- April 27, 2023 The Biology of Stress

We hope you save these dates in your calendar and join us for these learning opportunities. For more information and to register, please visit the SCDSB website: <https://bit.ly/3jGaC74>. Pine River Institute is a live-in treatment centre and outdoor leadership experience for youth aged 13 to 19 struggling with addictive behaviours and often other mental health issues. Combining therapy with a fully-accredited education program, PRI reinforces the healthy life skills required for a successful future. CFI@PRI extends PRI's knowledge, experience and evidence-informed treatment approach to families and care providers in the community to support youth mental well-being and prevent the need for more intensive interventions. Learn more about PRI by visiting their website at www.pineriverinstitute.com.

Collection and Use of Personal Information

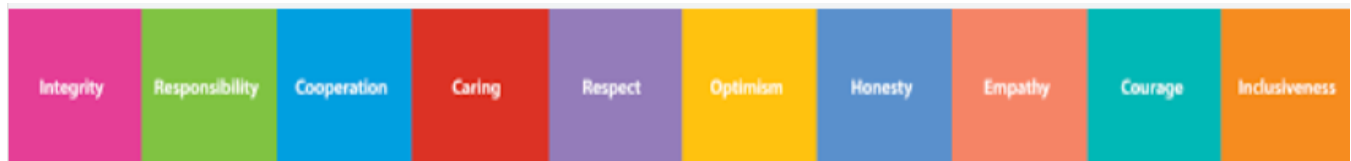
As students' progress from elementary school to secondary school, important personal student information is shared which eases each student's transition to secondary school. Sharing this information also improves our ability to program effectively to benefit all students. The collection and use of personal student information for such purposes are authorized under the *Education Act*. Please note that all information used for the transition process is limited, secure, and protected at all times. Please contact Dean Maltby, Superintendent of Education, if you would like more information about the transition process at Ernest Cumberland Elementary School.

EarlyON Child and Family Centres

Is your child starting JK or SK in September? The Simcoe County EarlyON Child and Family Centres are excited to offer in person and virtual programs that help prepare children and parents/guardians for Kindergarten. Parents/guardians and children will have the opportunity to interact together in a variety of school readiness activities. We will look at and discuss how does learning happen, self-regulation, social skills, and how to get ready to start school. If program registration is full, please check back regularly as there may be cancellations. Register for a program : www.earlyonsimcoenorth.ca/GRFK.

Licensed March Break School Aged Childcare Programs

Child care programs for children in Kindergarten to Grade 6 are provided by independent, third-party child care operators in some SCDSB schools. To support your child care needs, some operators offer child care on PA days and holidays including over the March Break (March 13 to 17). Registration in advance is required. Please contact the child care operator directly to discuss fees and to register. More information and contact numbers can be found at www.scdsb.on.ca/elementary/planning_for_school/childcare_before_after.



How is your infant, toddler, or preschool child developing?

Is your child meeting their milestones? Age-appropriate speech and language skills are critical to your child's ability to read, write and be successful in school as well as to their ability to engage with their peers. Free services are available to support you with your child's development. Preschool speech and language programs are located across the County of Simcoe. Call (705) 739-5696 or 1-800-675-1979 to complete a developmental screen. The earlier we work together, the better!

Just Breathe: A Coping Strategy

Well-being is a Strategic Priority in the Simcoe County District School Board, and our well-being department provides monthly strategies to support student and family well-being. This month's strategy is deep breathing. Parents/guardians should practice deep breathing with their children to help them develop a deeper mind/body connection, self-regulation, awareness of emotions, and build resiliency. To practice deep breathing at home, have your child get comfortable by either standing or sitting. Encourage them to keep their back straight, and shoulders and head relaxed. If they're comfortable, ask them to close their eyes. Have your child place their hands flat on their stomach. Ask your child to breathe in deeply through their nose, filling the belly with breath. Point out how hands move out. Encourage them to hold their breath for a few seconds, then slowly breathe out through the mouth to feel the stomach contract and hands move in. Repeat 5-6 times.

Parents/guardians should practice deep belly breathing at home any time their child seems stressed or upset. Watch a deep breathing video here: https://www.youtube.com/watch?v=le2TO_MNFxE&t=3s. Follow along the Mental Health and Well-being social media accounts (@SCDSB_MHWP) to see how well-being is being supported in our schools.



#ITSTARTS week in the SCDSB: The County of Simcoe has once again proclaimed March as #ITSTARTS month. The Simcoe County District School Board will be championing the #ITSTARTS campaign from March 6 to 10. This campaign promotes inclusion, acceptance, and equity within the vibrant, diverse, and growing communities that make up Simcoe County. For more information, visit: www.simcoe.ca/dpt/ccs/lip/itstarts.

Bangladeshi Heritage Month

Bangladeshi Canadians from across the province have made significant contributions to Ontario’s scientific, athletic, cultural and political development, and they continue to help foster growth, prosperity and innovation throughout Ontario. For more information, visit <https://www.ontario.ca/laws/statute/16b32>.

Hellenic Heritage Month


March is a significant month for the Hellenic community and March 25 is celebrated each year as Greek Independence Day. Proclaiming March as Hellenic Heritage Month provides an opportunity to remember, celebrate and educate future generations about the outstanding achievements and contributions of the Hellenic Canadians in the province. For more information, visit <https://www.ontario.ca/laws/statute/19h15>.

International Women’s Day (March 8)

International Women’s Day recognizes women’s achievements and acknowledge the challenges they continue to face in the quest for gender equality. For more information, visit <http://www.swc-cfc.gc.ca/commemoration/iwd-jif/index-en.html>.

Irish Heritage Day (March 17)

Irish immigrants brought Ontario and Canada their values of hard work, devotion to family, service to the community and the perpetual hope for a better future for themselves and their fellow citizens. For more information, visit <https://www.ontario.ca/laws/statute/O4i10>.

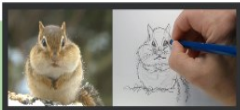
MONDAY LUNDI	TUESDAY MARDI	WEDNESDAY MERCREDI	THURSDAY JEUDI	FRIDAY VENDREDI	SATURDAY SAMEDI	SUNDAY DIMANCHE
What’s for lunch? Order Pizza Pizza, Subway, Lunches Made Easy, Champ Burger, and milk at www.schoolcashionline.com		1 Day 1 Subway	2 Day 2 Champ Burger	3 Day 3 Lunch Made Easy	4	5 Place your lunch and milk orders by 12:00PM
6 Day 4 Kidney Clothing Drop Off Dental Screening	7 Day 5 Pizza Pizza Kidney Clothing Drop Off Dental Screening	8 Day 1 Subway Kidney Clothing Pick Up Dental Screening	9 Day 2 Champ Burger	10 Day 3 Lunch Made Easy Lucky Day	11	12
13	14	15				19 Place your lunch and milk orders by 12:00PM
20 Day 4	21 Day 5 Pizza Pizza Down Syndrome Day—Rock Your Socks	22 Day 1 Subway	23 Day 2 Champ Burger	24 Day 3 Lunch Made Easy	25	26 Place your lunch and milk orders by 12:00PM
27 Day 4 Purple Day for Epilepsy Grad Photo Retake	28 Pizza Pizza	29 Subway	30 Champ Burger	31 Lunch Made Easy Blue Day for Autism	Spirit Days Dress in spirit wear!	



Pencils, Paper & Nature

Online classes

Nature Journaling for the Classroom Grades 1 - 6



- Based on 2022 Science & Technology Curriculum
- Variety of themed 75-min classes
- Live instruction with a wildlife artist & naturalist



Your budding citizen scientists will:

- explore Ontario habitats, plants & animals
- create two nature journal pages
- continue learning with follow-up activity sheets

For more information, contact

www.pencilspaperandnature.ca
email: journalingnature@gmail.com



On March 21st, be EXTRA special and wear your most colourful, silly socks that will get you noticed! Let everyone know you are wearing them to celebrate World Down Syndrome Day!

Silly Socks!



Lots of Socks Campaign

#LotsOfSocks

#WDS2023

#ODSD2023



dsasc.ca/wdsd

ROYAL CANADIAN SEA CADET CORPS 53 BARRIE.

A free youth development organization for youth ages 12-18 years old.

As part of our Corps, you will participate in activities that include: sailing, seamanship, music, drill, ceremonial parades, physical fitness, and leadership. Free Summer training opportunities available as well!

Plus earn high school credits and so much more!

Meet new friends, build confidence & Join one of the best free youth programs in Simcoe County!



Come to our Open House on October 5th at the Barrie Armouries starting at 6:30PM.

RSVP here: www.barrieseacadets.ca/contact



ICECATS



Serving the South Simcoe area

More than just a game!



VISIT US TODAY!

Benefits of our Organization:

- Competitive & Houseleague Programs
- Mentorship Program
- Develop your Full Potential as an Athlete
- Life-Long Friendships
- Team Building

AND SO MUCH MORE!



www.clearviewgirlshockey.ca
email: icecatshockeyclub@outlook.com

#Cviewicecats